

Master of Spirituality



Whitley is a great place to learn highly practical content in small and friendly groups, in a welcoming environment. The range of topics and help from everyone keeps me coming back - it makes learning fun."

- Adam, student

Why Whitley?

- **Inclusive** - Whitley is an inclusive environment. We respect a range of opinions. We welcome people of different ages, demographics, cultures, nationalities and Christian denominations, cherishing the breadth of experiences and perspectives this brings.
- **Biblical** - At Whitley College we are shaped by God's Word. Our values come from the Holy Bible and our practices are informed by the Baptist Church.
- **Individual** - Studying theology at Whitley is not one-size-fits-all. Whatever stage you're at in life we have individual learning programs to suit. Choose your level of commitment and enrich your life and the lives of those around you.
- **Flexible** - At Whitley College, you're sure to find an option that best suits your life. Go online or onsite, be part-time or full-time.

Master of Spirituality

The Master of Spirituality equips students with advanced knowledge and experience of spiritual practices, and the traditions that underpin them. Students may choose from the Spirituality Program and the Spiritual Companionship Program, offered in partnership with the WellSpring Centre.

Why study the Master of Spirituality?

This Masters award will give you:

- ✓ **A deep understanding** of the foundations of spirituality, spiritual practice and spiritual growth in the Christian tradition, and of the relation of these to broader theological studies
- ✓ **A mastery of skills** to reflect critically on personal spiritual experience in the light of key themes, traditions and approaches in spirituality
- ✓ **Communication and technical research skills** to justify and interpret theoretical concepts
- ✓ **A knowledge** of themes, traditions and approaches in spirituality, and the ability to apply them with creativity and initiative to professional practice and further learning
- ✓ **An opportunity** to apply relevant theological and hermeneutical skills through a substantial research-based project, capstone experience or piece of scholarship

Who is the Master of Spirituality for?

Have you ever wanted to go deeper into the spiritual life, learning to discern the work of the Spirit in your everyday experiences and discover new ways of responding? The Master of Spirituality is intended to foster a contemplative awareness of the presence of the Divine and encourage people to explore what this means for them in all of life.

This course is for you if:

- You are drawn to contemplative spirituality and its practices
- You want to deepen your understanding of the processes of spiritual formation
- You desire to walk with others as they develop their own spirituality

Course Overview

Vocational opportunities

Depending on the pathway you take during your study, you will be prepared to evaluate and implement models of spiritual practice. You will be able to creatively apply the principles of contemplative practice to discernment processes in life decisions, for yourself and others.

This can lead to vocations such as:

- Church-based pastoral ministries
- Chaplaincy
- Spiritual direction (through WellSpring Centre)

Commitment



- Full time - 2 years OR
- Part-time - 6 years.

Choose a commitment that best serves you!

Study Pathways



- **Capstone** Spirituality Program & Spiritual Companioning Program
- **Research**

Spirituality Program

Offered in partnership with the WellSpring Centre, the Spirituality Program equips students with advanced knowledge and experience of spiritual practices and the traditions that underpin them.

Spiritual Companioning Program

The Spiritual Companioning program prepares students through WellSprings Spiritual Direction pathway to develop the core skills of Spiritual Direction along side advanced knowledge in Spirituality and its associated history and traditions.



“The lecturers and tutors at Whitley College have a deep sense of care for you and your walk with Jesus. They provide a safe space where you can bring your questions, doubts and hopes as you wrestle with and build on your faith.”

- Charlene, student





Course Structure

The Master of Spirituality offers two study pathways including the Spirituality and Spiritual Companionship Program, each comprising **12 units**.

Both programs are delivered in partnership with WellSpring. Students are required to complete the specified core units and electives from the lists provided.

Spirituality Program

Core Units

1. Art of Contemplative Practice 1
2. Patterns in the Practice of Spirituality
3. Living the Faith
4. Art of Contemplative Practice 2

Foundational Unit

1 unit from a set list

Spirituality Electives

Select any 4 electives from a set list

Post Graduate Electives

Select any 2 electives from a set list

Capstone Spirituality Unit

Or minor thesis

Spiritual Companionship Program

Core Units

1. Art of Contemplative Practice 1
2. Patterns in the Practice of Spirituality
3. Art of Spiritual Companionship 1*
4. Art of Spiritual Companionship 2*
5. Art of Spiritual Companionship 3*

Spirituality Electives

Select any 2 electives from a set list

Post Graduate Electives

1 unit from a set list

Capstone Spirituality Unit

Or minor thesis

* Double unit undertaken over a full year



"My experience at Whitley has been amazing. Beyond my expectations. I think the college is distinctive because of the diversity, the unity and the relationships that are formed. It seems like every background from all over the world has come and met at Whitley – it feels like I'm part of a big warm family." - Amos, student

Electives⁺

Available for both pathways

- Spirituality Transforming Life
- Spirituality of Everyday life
- Spiritual Formation: Shaping the Teachers and Leaders of Tomorrow
- Action and Contemplation: The Art of Christian Engagement
- Engaging Groups in Creative Contemplation
- Mapping the Soul with the Enneagram

Spirituality Program Pathway (only)

- Indigenous Spirituality and Christian Discipleship

Spiritual Companionship Program (only)

- Art of Contemplative Practice 2

*Availability may vary each semester

Next steps



Visit our website for more information



Fill out the enquiry form



We'll reach out and answer your questions



Fill out the paperwork and you'll be ready to go!

Ready to find out more?



Scan the QR code or visit whitley.edu.au/study/study-options/postgraduate-coursework/master-of-spirituality/

For a detailed course structure, complete list of foundational subjects and electives, admission requirements, fee structure, timetable and detailed learning outcomes.

Keen to chat?

Contact one of our friendly staff, **P** +61 3 9340 8100 or **E** whitley@whitley.edu.au



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Whitley College is a college of the University of Divinity